

# ELC COVID PROTOCOL

Beautiful Savior Lutheran Church

## INTRODUCTION

Welcome to year two of the COVID-19 pandemic. I know we didn't think it was possible to still be doing COVID math this long after the beginning of all this, but here we are. Please know that your family and child's safety and health are our number one priority. Our conservative approach in COVID protocols have served us well thus far and so, even though the CDC is loosening guidelines, we have decided to err on the side of caution. Where the CDC requires a 5-day quarantine, we have set a 7-day quarantine (previously 10-day). Please feel free to discuss any concerns you have, we will be more than happy to discuss.

## EXCEPTIONS TO THE POLICY

Please see your health care provider for more information or to obtain an exception to our policy. We understand that each family has a unique set of circumstances that may shorten or lengthen the quarantine or isolation durations. Each circumstance is discussed and a plan decided upon. Thank you for your patience.

### CLASS A SYMPTOMS

- Fever ( $>100.4^{\circ}\text{F}$ ) or Chills
- Shortness of breath or difficulty breathing
- New loss of taste or smell

If your student has one or more of these symptoms, please keep them home from the ELC. Your student will need to quarantine for 7-calendar days. Your student may end the 7-day quarantine if:

- ◆ Your student receives a negative COVID test result

**OR**

- ◆ Obtains a letter from their health care provider stating an alternative diagnosis and that they are safe to return to the ELC

**AND**

- ◆ Symptoms have significantly improved without the use of fever reducing medications (for at least 48 hours): Tylenol, ibuprofen, or cold medication containing these medications.

### CLASS B SYMPTOMS

- Congestion or runny nose
- Nausea, vomiting, or diarrhea
- Cough (new, changes or worsening)
- Headache
- Fatigue
- Sore throat

If your student only has one symptom AND it resolves within 24-hours AND they have not had a known close contact exposure, they may return to school.

If your student displays 2 or more of these symptoms, please keep them home from school. Your student will need to quarantine for 7-calendar days. Your student may end their 7-day quarantine early if:

- ◆ Your student receives a negative COVID test result

**OR**

- ◆ Receives a letter from their health care provider stating an alternative diagnosis and that they are safe to return to the ELC.

**AND**

- ◆ Symptoms have significantly improved



# ELC COVID SCENARIO PROTOCOLS

## WHAT TO DO IF YOUR STUDENT TESTS POSITIVE

If your student tests positive for COVID-19 they will need to isolate at home for 7-days. The date of symptom onset or test collection date (if asymptomatic) is considered to be day zero. Your student may return to school on day-8 pending that symptoms are resolving AND no fever with the past 48-hours without the use of fever reducing medication AND your student continues to wear a well-fitting mask while around others until day 10.

- Please communicate all positive COVID test results to the ELC director via Brightwheel or phone call.
- This guidance applies regardless of vaccination status.
- Testing at day 5 is recommended but not required. If testing day 5-9 is positive, then continue to isolate at home through the end of day 10.

## CLOSE CONTACT QUARANTINE

If your student is identified as a close contact to someone with COVID-19 either in the ELC or out in the community, your student will need to quarantine at home for 10-days. The date of exposure is considered to be day zero. Your student may return to school on day 11.

- Please communicate all close contact quarantines to the ELC director via Brightwheel or phone call.
- If your student had a confirmed positive COVID-19 test result within the last 90-days AND is symptom free, they do not need to quarantine.
- Your student may end their 10-day quarantine early if:
  - o 7-days have passed since the person's last exposure date. Day 1 of quarantine starts the day after exposure; AND
  - o Student is asymptomatic; AND
  - o Student tests negative for COVID on day 5 of quarantine (provider-based or OTC); AND
  - o Negative test result is reported to the ELC director via Brightwheel or phone call; AND
  - o Student continues to wear a well-fitting mask while around others until day 10
  - o If all of the above criteria is met, your student may return to school on day 8
- If your student, ages 5-6, completed their COVID-19 vaccine series (at least 2 weeks prior to exposure) AND they are symptom free, they do not need to quarantine.

## COVID WITHIN THE HOUSEHOLD

If a member of your household tests positive for COVID-19, your student will need to remain home for 10-days. The date of symptom onset or test collection date is considered to be day zero. Your student may return to school on day 11.

- Your student may end their 10-day household quarantine early if:
  - o 7-days have passed since the COVID person's first day of symptoms or test collection date if asymptomatic. Day 1 of quarantine starts the day after symptom onset or test date; AND
  - o Student is symptom free; AND
  - o Student tests negative for COVID on day 5 of quarantine (provider-based or OTC); AND
  - o Negative test result is reported to the ELC director via Brightwheel or phone call; AND
  - o Student continues to wear a well-fitting mask while around others until day 10
  - o If all the above criteria is met, your student may return to school on day 8
- During this household quarantine, if your student tests positive, they will need to quarantine for 7-days. Day 1 of quarantine starts the day after your student's symptom onset or COVID test date if asymptomatic. Your student may return to school on Day 8 pending that symptoms are resolving AND no fever with the past 48-hours without the use of fever reducing medication AND your student continues to wear a well-fitting mask around others until day 10.
- If your student, ages 5-6 completed their COVID-19 vaccine series (at least 2 weeks prior to exposure) AND they are symptom free, they do not need to quarantine.
- If your student had a confirmed positive COVID-19 test result within the last 90-days AND is symptom free, they do not need to quarantine.
- **Quarantine timelines restart with each new COVID-19 positive test result in the household.**
- Please communicate all household COVID positive test results to the ELC director via Brightwheel or phone call.

